

ALL EXAMINATIONS PLEASE BRING YOUR HEALTH INSURANCE CARD AND ANOTHER PIECE OF IDENTIFICATION WITH THIS FORM.

If you have any questions about your exam, exam preparation, or need to change your appointment, please contact: **Central Booking at 780-450-1500 or call toll-free at 1-800-355-1755**
If you are unable to keep your appointment, telephone to cancel it.

PATIENT EXAM PREPARATION INSTRUCTIONS

EXERCISE MIBI - Myocardial Perfusion scan - with or without Persantine (Dipyridamole)

***If there is any chance of pregnancy, the exam should be postponed until the start of menses or within the 10 days thereafter.**

Your heart is imaged in two phases, on two separate days: once after stress (exercise), once while resting.
Each appointment takes approximately 2-3 hours.

DO NOT CONSUME ANY CAFFEINE FOR 24 HRS PRIOR TO YOUR STRESS TEST APPOINTMENT

This includes such things as: coffee (including decaffeinated coffees), teas, colas and soda pops, chocolate, Tylenol #1, #2, and #3 (over the counter Tylenol products may be used). If you are taking a prescription medication for pain relief, contact your pharmacist to ensure that it does not contain any caffeine.

No erectile dysfunction medications (eg. Viagra, Cialis) 72 hours prior to your exam (applies to both males and females).

DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT BEFORE THE TEST

If you normally take medication in the morning, you may continue to do so with some water (unless otherwise directed by your physician).

BRING A LIST OF YOUR MEDICATIONS WITH DOSAGES INCLUDED

Continue to take all your medication(s) as directed by your physician. Should you have any questions about taking your medications for the test, contact your doctor's office.

DIABETIC PATIENTS

DO NOT take your diabetic medications on the morning of your stress test. Bring your medications.

ASTHMATIC PATIENTS

Bring your inhalers and medications.

CLOTHING

Please wear a comfortable pair of pants or shorts, a short sleeve shirt that buttons up the front, and appropriate footwear to be worn on a treadmill.

FOOD

Please feel free to bring a snack. There will be a waiting period between the stress test and scan.

MUGA (Gated Cardiac scan)

***If there is any chance of pregnancy, the exam should be postponed until the start of menses or within the 10 days thereafter.**

No preparation is required.

EXERCISE STRESS TEST - no imaging

Please wear a comfortable pair of pants or shorts, a short sleeve shirt that buttons up the front, and appropriate footwear to be worn on a treadmill.

ULTRASOUND - Echocardiogram

No preparation is required.

For more information visit:

www.mic.ca

LOCATIONS

EDMONTON

HYS MEDICAL CENTRE
#202, 11010 - 101 ST NW
Fax 780-424-7780

ALLIN CLINIC (X-ray Only)
B1, 10155 - 120 ST NW
Fax 780-488-0238

TAWA CENTRE ☺
3017 - 66 ST NW
Fax 780-461-7527

COLLEGE PLAZA
7TH FLR, 8215 - 112 ST NW
Fax 780-439-9977

CENTURY PARK ☺
#201, 2377 - 111 ST NW
Fax 780-461-8524

WINDERMERE
#201, 6103 CURRENTS DR NW
Fax 1-888-442-2136

TERRA LOSA
9566 - 170 ST NW
Fax 1-877-543-8044

NAMA0 160
#209, 15961 - 97 ST NW
Fax 1-877-433-9020

MRI & CT

(Separate requisition required)
MRI COLLEGE PLAZA
7TH FLR, 8215 - 112 ST NW
Fax 780-433-7286

MRI & CT CENTURY PARK
#201, 2377 - 111 ST NW
Fax 780-433-7286

ST. ALBERT

SUMMIT CENTRE ☺
#102, 200 BOUDREAU RD
Fax 780-459-2376

GRANDIN X-RAY (X-ray Only)
1 ST. ANNE ST
Fax 780-458-9096

SHERWOOD PARK

SYNERGY WELLNESS CENTRE
#109, 501 BETHEL DRIVE
Fax 780-392-1268

FT. SASKATCHEWAN

SOUTHPOINTE
#115, 9332 SOUTHFORT DRIVE
Fax 780-392-1269

ADMINISTRATION:

HYS CENTRE
#203, 11010 - 101 ST NW
EDMONTON, AB
Fax 780-425-5979

Hours of operation vary by location
☺ Extended Hours available for X-ray