

**www.mic.ca**

## LOCATIONS

### EDMONTON

**HYS MEDICAL CENTRE**  
#202, 11010 - 101 ST NW  
Fax 780-424-7780

**ALLIN CLINIC** (X-ray Only)  
B1, 10155 - 120 ST NW  
Fax 780-488-0238

**TAWA CENTRE** ☎  
#200, 3017 - 66 ST NW  
Fax 780-461-7527

**COLLEGE PLAZA**  
7TH FLR, 8215 - 112 ST NW  
Fax 780-439-9977

**CENTURY PARK** ☎  
#201, 2377 - 111 ST NW  
Fax 780-461-8524

**WINDERMERE**  
#201, 6103 CURRENTS DR NW  
Fax 1-888-442-2136

**TERRA LOSA**  
9566 - 170 ST NW  
Fax 1-877-543-8044

**NAMAO 160**  
#209, 15961 - 97 ST NW  
Fax 1-877-433-9020

### MRI & CT

(Separate requisition required)

**MRI COLLEGE PLAZA**  
7TH FLR, 8215 - 112 ST NW  
Fax 780-433-7286

**MRI & CT CENTURY PARK**  
#201, 2377 - 111 ST NW  
Fax 780-433-7286

### ST. ALBERT

**SUMMIT CENTRE** ☎  
#102, 200 BOUDREAU RD  
Fax 780-459-2376

**GRANDIN X-RAY** (X-ray Only)  
1 ST. ANNE ST  
Fax 780-458-9096

### SHERWOOD PARK

**SYNERGY WELLNESS CENTRE**  
#109, 501 BETHEL DRIVE  
Fax 780-392-1268

### FT. SASKATCHEWAN

**SOUTHPOINTE**  
#115, 9332 SOUTHFORT DRIVE  
Fax 780-392-1269

### ADMINISTRATION:

**HYS CENTRE**  
#203, 11010 - 101 ST NW  
EDMONTON, AB  
Fax 780-425-5979

Hours of operation vary by location  
☎ Extended Hours available for X-ray

If you have any questions about your exam, exam preparation, or need to change your appointment, please contact: **Central Booking at 780-450-1500 or call toll-free at 1-800-355-1755**

If you are unable to keep your appointment, telephone to cancel it. Patients who miss their appointment and fail to cancel 24 hours prior to their exam may be charged a \$25.00 fee

## PATIENT EXAM PREPARATION INSTRUCTIONS

### FLUOROSCOPY

**\*If there is any chance of pregnancy, the exam should be postponed until the start of menses or within the 10 days thereafter.**

#### ○ ESOPHAGUS, STOMACH AND DUODENUM and/or SMALL BOWEL

Do not eat or drink anything, including water, after midnight the night before your examination (if your exam is scheduled after 1:00 p.m., you may have 1 slice of dry toast and 1 cup of clear liquid prior to 7:30 a.m.).

**Small bowel** - Time for examination varies, but may take as long as 4 hours.

### ULTRASOUND

#### ○ ABDOMEN ULTRASOUND

Nothing to eat or drink after midnight.

#### ○ PELVIC, RENAL, BLADDER, NUCHAL TRANSLUCENCY SCREENING, OR OBSTETRICAL (You may continue to eat)

○ Empty your bladder. ○ Drink 1 litre of water. ○ Finish drinking the full amount one hour prior to the examination.

○ **Do not empty your bladder again prior to the examination.**

#### ○ BIOPHYSICAL PROFILE (BPP)

○ Empty your bladder. ○ Drink 500ml of water. ○ Finish drinking the full amount one hour prior to the examination. ○ Have a snack prior to the exam. ○ **Do not empty your bladder again prior to the examination**

#### ○ ABDOMEN WITH PELVIC ULTRASOUND

○ Nothing to eat after midnight. ○ The day of your exam, empty your bladder, then drink 1 litre of water. ○ Finish drinking the full amount one hour prior to the examination. ○ **Do not empty your bladder again prior to the examination**

**\*All other ultrasound examinations listed do not require patient preparation.**

### BONE MINERAL DENSITOMETRY

**\*If there is any chance of pregnancy, the exam should be postponed until the start of menses or within the 10 days thereafter.**

Wear comfortable clothing (sweatpants, etc.) and if possible no zippers or metal.

### MAMMOGRAPHY

**\*If there is any chance of pregnancy, the exam should be postponed until the start of menses or within the 10 days thereafter.**

Do not use perfume, deodorant, antiperspirant or talcum before the examination. If you experience premenstrual breast tenderness, you may delay booking until tenderness has subsided. Wear a two piece outfit. At the time of booking, you will be asked where your previous mammogram was done.

### NUCLEAR MEDICINE

**\*If there is any chance of pregnancy, the exam should be postponed until the start of menses or within the 10 days thereafter.**

EXAM	PREPARATION	APPROXIMATE EXAM TIME
Biliary Scan (HIDA)	Nothing to eat or drink after midnight	2 hours
Gallium Scan	No preparation prior to injection. Involves 3 separate days: ○ The first for injection ○ Two days later for images, which takes 45 minutes.	15 minutes, return 48 - 72 hours later for 1 hour
Bone Scan	Bring most recent relevant x-rays	15 minutes, return approx. 2 - 3 hours later for 1 hour
MUGA (Gated Cardiac Scan)	None	1 hour
Meckel's Scan	Starting at 8:00 am, 1 day prior to exam, take 150mg Zantec every 4 hours (total 4 doses). Nothing to eat or drink after midnight.	1 hour
Renal Scan: (Diuretic, others)	Drink 4 cups of fluids 1 hour prior to exam	Ranges from 45 minutes to 2 hours
Renal Scan: (Captopril)	Patient off ACE inhibitors for 48 hours. No breakfast. Drink 4 cups of fluids 1 hour prior to exam. Take 50mg of CAPTOPRIL 1 hour prior to examination as prescribed by your own physician.	1 hour