

## PREPARATION INSTRUCTIONS FOR ALL MRI & CT EXAMS

- Please arrive 15-20 minutes prior to your appointment time (unless stated otherwise). If you are late for your exam, there is a chance that we may have to re-schedule you.
- Bring your Health Insurance Card for identification.
- If you are unable to keep your appointment, we ask that you call us 24 hours prior to your examination. We would be happy to re-schedule your appointment.

## PREPARATION INSTRUCTIONS EXCLUSIVELY FOR MRI EXAMS

### ○ MRI ABDOMEN

Do not eat or drink 4 hours prior to examination.

## PREPARATION INSTRUCTIONS EXCLUSIVELY FOR CT EXAMS

### ○ BRING A LIST OF YOUR MEDICATIONS WITH DOSAGES INCLUDED

Take all your medication(s) as directed by your physician (Diabetic patients may be required to stop Metformin/Glucophage for 48 hours after contrast media injection). Should you have any questions about taking your medications for the test, contact your doctor's office.

### ○ CT IMAGING WITH CONTRAST REQUIRES A SERUM CREATININE (BLOODWORK) WITHIN THE PAST 90 DAYS TO EVALUATE RENAL FUNCTION

### ○ CT CALCIUM SCORING

**No caffeine the morning of your examination.** This includes such things as: coffee (including decaffeinated coffees), teas, colas, and soda pops, chocolate, Tylenol #1, #2, and #3 (over the counter Tylenol products may be used). If you are taking a prescription medication for pain relief, contact your pharmacist to ensure that it does not contain caffeine.

### ○ CT VIRTUAL COLONOSCOPY

Our office will contact you to provide preparation instructions and a preparation kit.

### ○ CT ABDOMEN/PELVIS

Arrive 1 hour early to drink oral contrast.

### ○ CORONARY CT ANGIOGRAPHY (CCTA) – ARRIVE 1 HOUR EARLY FOR EXAM

**Do not eat solid foods the morning of your exam.** You may drink clear fluids. If you normally take medication in the morning, you may continue to do so with clear fluids (unless otherwise directed by your physician)

**No caffeine the morning of your examination.** (See **CT CALCIUM SCORING** for more details)

No exercise the morning of your exam.

No barium studies 48 hours prior to this examination.

No erectile dysfunction medications (eg. Viagra, Cialis) 48 hours prior to your exam (applies to both males and females).

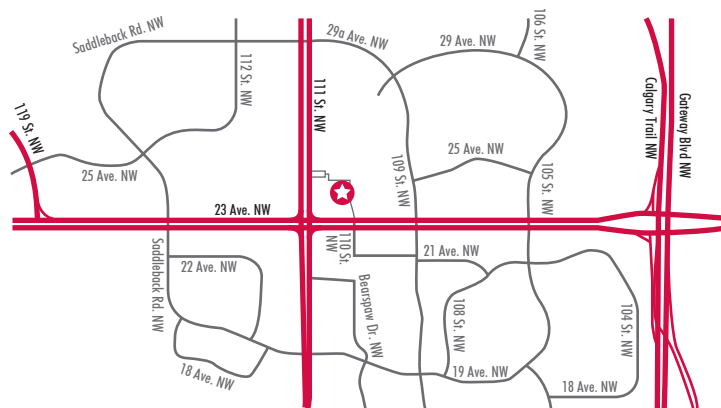
### ○ FOR ANY CT EXAMS REQUIRING CONTRAST

Do not eat solid foods 4 hours prior to examination, and drink plenty of clear fluids.



### CENTURY PARK

#201, 2377 - 111 St. NW Edmonton, AB T6J 5E5



### CENTURY PARK – MRI & CT

Located on the 2nd Floor at #201, 2377 - 111 Street, Edmonton, Alberta, in a retail and business facility with ample free parking. The Edmonton Transit System has several bus routes that serve the area, as well as the LRT which stops at the Century Park station.

For your convenience, there are several restaurants and coffee shops in the immediate area.

### COLLEGE PLAZA SPORTS MEDICINE IMAGING CENTRE – MRI

Located on the 7th Floor of College Plaza at 8215 - 112 Street, Edmonton, Alberta. We provide complimentary parking in our building which has easy access to our office. There is also parking available in several locations around College Plaza. The Edmonton Transit System has several bus routes that serve our area as well as the LRT which stops at the Health Sciences Centre Station on 114 Street and is close to College Plaza.

For your convenience, there are several restaurants and coffee shops in the immediate area.



### COLLEGE PLAZA SPORTS MEDICINE IMAGING CENTRE

7th Floor, 8215 - 112 St. NW Edmonton, AB T6G 2C8

